



AMERICAN SAFETY &
HEALTH INSTITUTE

MEDIC
First Aid



ADULT | CPR AED

The purpose of the HSI | CPR AED training program is for participants to gain or improve knowledge and skill proficiency in CPR, and AED skills.

- ✓ HSI | CPR AED has been approved by the HSI Medical Advisory Board and reviewed by the HSI Advisory Council.
- ✓ Reflects the latest resuscitation science and treatment recommendations published by the International Liaison Committee on Resuscitation (ILCOR).
- ✓ Conforms with the 2020 American Heart Association (AHA) Guidelines Update for CPR and ECC and the annual Guidelines Update.

Intended audience

The intended audience is individuals who are not healthcare providers or professional rescuers who desire, or are occupationally required, to be trained and certified in adult first aid and/or CPR and AED.

Class options

- Adult

Delivery options

- Traditional Classroom
- Blended Learning
- Remote Skill Verification (RSV)

Instructional elements

- HSI Adult | CPR AED Skill Guide (one per participant)
- HSI Adult | CPR AED Instructor Guide (one per instructor, print or digital)
- HSI Adult | CPR AED media presentation (program video, or computer/online blended class)

Online portal

- Streaming/Offline video presentation player
- Create custom playlists
- Pre-built digital Performance Evaluations
- Track past, present and future classes

Certification period

- 2 years from month of issue

Student certification requirements

- Written evaluation: Required when specified by organizational, local, or state regulation. It is recommended for designated responders with a duty or employer expectation to respond in an emergency and provide first aid care.
- Performance evaluation: All students must perform required skills competently without assistance.

Recommended time to complete

- Adult CPR AED: 1½ - 2 hours





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EMS
SAFETY



Class topics

- Sudden Cardiac Arrest (SCA)
- CPR
- Defibrillation
- Chain of Survival
- Assessment
- Chest Compressions
- Rescue Breathing
- Using a CPR Mask
- Using an AED
- Relief of Choking
- Taking Precautions
- Using Personal Protective Equipment (PPE)
- Activating EMS and/or EAP